

N°4

STOCK THE FRIDGE CORRECTLY

#antigaspi



**READY MEALS,
CAKES**

4 - 7 °C

CHEESE

4 - 7 °C

**YOGHURT, CREAM
MILK**

0 - 4 °C

**MEAT, FISH
SAUSAGES**

0 - 4 °C

FRUIT, VEGETABLES

8 - 10 °C

**EGGS, BUTTER
JAM**

10 - 12 °C

SAUCES

10 - 12 °C

DRINKS

10 - 12 °C

